

Untitled

Schwickert M, Saha J:
Recurrent herpes zoster with neuralgia [Article in German]
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Falldarstellung · Case Report

Rezidivierender Herpes zoster mit neuralgischem Schmerz
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Summary

We present the case of a 40-year-old female patient suffering from recurrent herpes zoster and postherpetic neuralgia. Herpes zoster has recurred several times per year for more than 15 years. At admission, rash localised on the right sacral region and accompanied by neuralgia had lasted for 3 months. Standard out-patient treatment remained unsuccessful. A multimodal integrative therapy regimen including fasting, hydrotherapy, leech application and treatment with autologous blood led to rapid healing of herpetic lesions and persistent pain relief. The case is discussed.

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